



HOW TO CALCULATE PEPTIDE DOSES

Atlanta Advanced Peptides Education Series

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DETERMINE PEPTIDE DOSAGE

Decide how many micrograms (mcg) of the peptide you want in each injection.

Example: A 200mcg dose of a 5mg (5000mcg) peptide:



2

USE THE FORMULA

$$\frac{\text{PEPTIDE DOSAGE PER INJECTION}}{\text{INJECTION}} = \frac{\text{TOTAL PEPTIDE AMOUNT}}{\text{DESIRED DOSE IN MCG}}$$

Example: $(5,000\text{mcg} / 2\text{ml}) \times 200\text{mcg} = 0,08\text{ml}$

Inject 0.08ml (8 units on an insulin syringe) for a 200mcg dose.

3

MEASURE PRECISION DOSES

Using an insulin syringe, draw the calculated amount (0.08ml) up to the desired unit marking. 1ml = 100 units.

- Target Dose: 200mcg
- Peptide Amount: 5mg (5000mcg)



8 units =
0.08ml



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