



Peptide Reconstitution Chart

Reconstituting Lyophilized Peptides Step-by-Step

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STEP-BY-STEP RECONSTITUTION GUIDE

1 Sanitize Vial Top

Always wipe rubber stopper of peptide vial with an ***alcohol prep pad**.



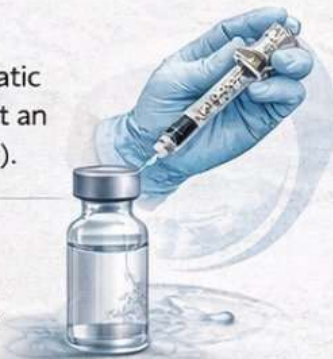
2 Pull Bacteriostatic Water

Draw desired amount of bacteriostatic water into an insulin syringe.



3 Inject Water Slowly

Slowly inject the bacteriostatic water into the peptide vial at an angle (inject towards the side).



4 Gently Swirl

Gently swirl the vial until the peptide (powder) is fully dissolved. Do not shake.

RECONSTITUTION CALCULATOR

PEPTIDE AMOUNT	BACTERIOSTATIC WATER		
0.5 mg	1 ml	2 ml	3 ml
1 mg	1 ml	2 ml	3 ml
2 mg	2 ml	3 ml	5 ml
5 mg	3 ml	5 ml	5 ml
10 mg	5 ml	10 ml	65 ml

⚠ Always research proper peptide dosages when calculating your reconstitution.

RECONSTITUTION CALCULATOR

PEPTIDE	BACTERIOSTATIC WATER
0.5 mg	1 ml
1 mg	2 ml
2 mg	3 ml
5 mg	5 ml
10 mg	5 ml
10 mg	10 ml
5 mg	25 ml
10 mg	50 ml

⚠ Always research proper peptide dosages when calculating your reconstitution.

HELPFUL TIPS

- ✓ Always use bacteriostatic water.
- ✓ Always store peptides in the refrigerator once reconstituted.
- ✓ Avoid injecting air bubbles into the peptide vial.
- ✓ Use insulin syringes (typically 29–31 gauge).

