



ATLANTA ADVANCED PEPTIDES

Peptide Administration Cheat Sheet

Let Atlanta Advanced Peptides advance you in your peptide journey

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GENERAL SUBCUTANEOUS INJECTION GUIDE

Supplies Needed:

- Peptide vial
- Bacteriostatic water (if reconstituting)
- Insulin syringe (29-31 gauge)
- Alcohol prep pads
- Sharps disposal container



STEP-BY-STEP ADMINISTRATION

1 Wash Hands

Always wash hands thoroughly before handling peptides or injection supplies.

2 Prepare the Peptide

If the peptide is lyophilized (powder):

- Clean vial tops with alcohol
- Draw bacteriostatic water into syringe
- Slowly inject water into peptide vial
- Gently swirl (do NOT shake)



3 Draw the Peptide

- Clean vial top again
- Insert insulin syringe
- Draw desired amount of solution



4 Choose Injection Site

Most peptides are administered **subcutaneously**.

Common sites:

- Abdomen (most common)
- Upper thigh
- Back of upper arm
- Love handle / flank area

Rotate injection sites to avoid irritation.



5 Clean Skin

Use an alcohol pad and allow skin to dry before injection.

COMMON RESEARCH PEPTIDES

Peptide	Primary Research Focus
Semaglutide / Tirazepatide	Metabolic, signaling
Retatrutide	Advanced metabolic research
BPC-157	Tissue recovery
TD-500	Mobility & recovery
CJC-1295 + Ipamorelin	Growth-hormone signaling
MOTS-C	Mitochondrial metabolism
GHK-Cu	Skin & collagen research
Epithalon	Longevity research
Semax / Selank	Neuracognitive pathways
Tesamorelin	Metabolic hormone aging

STORAGE GUIDELINES

- Lyophilized Peptides (powder)**
Store-refrigerated until reconstituted.
- Reconstituted Peptides**
Refrigerate and protect from light.

BEST PRACTICES

- ☒ Use sterile technique
- ☒ Rotate Injection sites
- ☒ Store peptides properly
- ☒ Use fresh syringes for every injection

 **ATLANTA ADVANCED
PEPTIDES**
Partners in Peptide Research & Computation

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